NEW: first Fundamentals in Dutch! 13-15 October, Amsterdam

Co-Active Coaching describes the dance between the coach and the client, which is created in the moment. It is a unique, proactive alliance in which coach and client work together as equals to meet the needs of the client.

#### Principles

The offered courses are designed to teach that subtle dance and focus on experiential learning where participants experience and practice coaching instead of just talking about it. CTI's coaching curriculum is designed to integrate Co-Active coaching competencies deeply in your being rather than in your head, so that you can be responsive in the moment to a variety of client types and needs. Once you have completed this curriculum you will have the ability to coach with confidence in your own personal, authentic style.

#### Outcomes

After having finished the fundamentals course your are initiated in the Co-active coaching model and are able to:

- use the four cornerstones of Co-Active Coaching
- communicate using the five contexts of Co-Active Coaching
- use the Life (Balance) wheel
- distinguish and use the three levels of listening

#### Competences

In this training you will be working on the following competences:

- audacity
- cooperation
- · learning capacity interactively
- listening
- link capacity

## Target group

- · individuals who want to become professional coaches
- people wanting to acquire new communication and relationship skills in their work and personal environment-management: managers, HR business partners, health professionals, teachers, parents, etc.
- individuals in vocational transition who want a new career

#### Prerequisites

It is important that participants of the co-active coaching have affinity with coaching and that they are able to talk, read and write in English as the course will be given in English.

#### Program

The core curriculum consists of five courses. Each course is a threeday intensive course based on experiential learning. The total coactive coaching curriculum has been accredited by the International Coach Federation (ICF).

Fundamentals is CTI's foundational Co-Active Coaching skills course. Whether you are interested in using coaching skills in your current profession, considering a career in coaching or just wanting to improve your communication with the important people in your life Co-Active coaching Fundamentals could be something for you. Hands-on training provides a powerful introduction to the techniques and skills of Co-Active Coaching. The focus is on participation and practical experience rather than lecture, with numerous opportunities to coach and receive feedback on your newly acquired coaching skills. At the end of the course you will have a very clear idea just how coaching might fit into your life. The co-active workshops will be given in English by two experienced international coaches of the Coaches Trainings Institute (CTI).

#### Duration

The fundamentals workshop is a 2,5 day course.

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#### Block 1:

- Day one from 1.30 PM till 5.30 PM (no lunch included)
- Day two from 9.30 AM till 5.30 PM (lunch included)
- Day three from 9.30 AM till 5.30 PM (lunch included)

At the first day of the workshop you will receive the necessary literature. During the evening hours of the course you could go through these materials, but this is not compulsory. On the second evening of the workshop you will be requested to have a coachingconversation (by telephone) regarding a specific subject, with someone you know either workrelated or privately. This will take about one hour of your time and the next morning the results of this coaching conversation will be evaluated in traids.

#### Certificate

At the end of the Fundamentals workshop you will receive a certificate which shows that you participated in a 18,75 accredited 'coach training' hours. This certificate gives access to Intermediate, the next level of this co-active coaching training. If you are absent for more than two hours during Fundamentals, the Coaches Training Institute practises the rule that you do not qualify for the certificate and cannot participate in the Intermediate programme. The leaders have the authority to make exceptions to this rule.

#### **Expenses**

#### Course

The investment in this course is  $\notin$  795,00 (21% VAT excluded). If you enroll for the Intermediate course within 6 months after finishing Fundamentals, you will receive a  $\notin$  300 discount on the Intermediate invoice. Please note that this discount cannot be combined with other discounts).

Do you follow the course privately or via a VAT-exempt organization (for example the government, healthcare or financial institution)? We offer you the possibility to pay no VAT over the course that you would like to register for and also over those items that are inextricably connected to this specific course. If you chose for the VAT-exempt option, the investment in your course will be  $\in$  795,00. This option can be selected on the registration form found online, or you can indicate this during your personal registration over the telephone.

#### **Course materials**

Your investment in course materials will be (VAT excluded). The course materials can include specific course materials like: course manual, handouts, your personal license for our online learning community and online tests.

#### Accommodation

We will charge  $\in$  170,00 for 'arrangement costs' for this training. This price includes the costs for accommodation, collective consumptions and lunch.

#### Invoice

We will send you an invoice on receipt of your enrolment form. This will include the total amount for the training, materials, arrangement costs and VAT (if relevant). The invoice must be paid before the first day of training.

## Terms of delivery

The updated terms of delivery can be found at www.sn.nl/ termsofdelivery.

## Application

For enrollment please contact our Customer Contact Centre. Not sure which training suits you best? Our advisors are happy to help you. For free advice, please call +31 418 688 666. It is also possible to take an option on a training. This will ensure you of a reservation for a specific training, time and place.

## Additional information

#### In-company

Would you rather train together with your colleagues? Then let us provide you with an in-company training! We can also offer you tailor made programs especially designed for your organization. If you want to know more about this specific solution, please call us at +31 418 688 666 or send us an e-mail at International@sn.nl, asking for an advisory conversation.

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Aiming for maximum results from this training? Making powerful choices? Eager to put your new knowledge, insights and competences into practice at work? Coaching works perfectly in combination with the initial training. Your coach will help you put everything you learned into practice. He or she will understand your ambition, talents and values, providing you with optimum support for personal growth. During or on completion of a training, we offer you a special combination package, containing two coaching sessions of 75 minutes each for only  $\in$  495,00. This offer is valid until three months after completing the training. Do you want to know more about coaching? Call us at +31 418 688 666 or send an e-mail to coaching@sn.nl.

## About Schouten & Nelissen

#### You choose for quality

Already since 1980 we have put our experience into lasting results and quality. This has led to various recognitions and accreditations: CEDEO, ISO 9001, NVAO, PE points. We are also connected with various industry associations such as the Vetron, OVAL and NRTO. For more information please visit www.sn.nl/international/ accreditation-and-certifications.

## Contact

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## **Planned events**

Start date	Location
09-01-2014	Amsterdam
07-02-2014	Zeist
07-02-2014	Brussel
18-03-2014	Amsterdam
28-03-2014	Brussel
09-05-2014	Zeist

23-05-2014	Brussel
19-06-2014	Amsterdam
02-09-2014	Zeist



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# Application form

Start date	Dinner y	no no
Location	Accommodation y	no
Participant		
First name	Initials (title)	
Surname	Gender	M F
Home address	Town	
Postal code	Telephone business	
Telephone private	Educational Qualification	lower secondary vocational education
Date of birth	Qualification	senior secondary vocational education
E-mail address		higher professional education/higher
Organisation	Address	
Department	Postal code	

## Invoice

Send the invoice to the participant's home address (you can skip the rest of this section)

Organisation	Department
Address	Postal code
Telefoon (direct)	
Other comments	
Date	Send this form by e-mail to inschrijven@sn.nl or in an
Signature	envelope (no stamp required) to: Schouten & Nelissen, Department DBB / Inschrijvingen, Antwoordnummer 10016 5300 WB Zaltbommel